

Let's Discuss...The Trinity

PART 5_ Experiencing the Holy Spirit



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Scriptures mentioned:

But when the Father sends the Advocate as my representative—that is, the Holy Spirit—He will teach you everything and will remind you of everything I have told you.
John 14:26 NLT

This is the day the Lord has made. We will rejoice and be glad in it.
Psalm 118:24 NLT

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
Philippians 4:6-7 NIV

And when you believed in Christ, He identified you as His own by giving you the Holy Spirit, whom He promised long ago.
Ephesians 1:13b NLT

He destined us for adoption as His children through Jesus Christ, according to the good pleasure of His will...In Him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in Him, were marked with the seal of the promised Holy Spirit...
Ephesians 1:5 & 13 NRSV

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Summary

We talk about some of our early experiences with the Holy Spirit. Nohora explains how the Holy Spirit lives in us from the moment we accept Jesus as our Saviour, and we talk about how it is important to seek Him not just as a spectacular event, but as a counselor and friend who walks with us and helps us in our everyday lives.

Let's Discuss...

- Annette lists different verses that the Holy Spirit reminds her of as she faces different situations. What are some verses that He reminds you of to encourage you?
- Read Acts 19:1-7, maybe in a traditional translation first and then in the Message paraphrase... Does this passage support the idea that we receive the Holy Spirit at the moment that we accept Jesus as our Saviour?
- Do you feel you have gotten to know the Holy Spirit as a person? What experiences do you have with Him? What impressions do you have of His character?
- In the article, **Nicky Gumbel on encounters with the Holy Spirit** (linked in the Let's Go Deeper section), Nicky Gumbel distinguishes between physical manifestations of the Holy Spirit and fruit of the Holy Spirit in our lives. Which of these should we most seek? Is it ok to have one without the other?
- Annette talks about speaking in tongues. Have you experienced the baptism of the Holy Spirit with the evidence of speaking in tongues? How does this affect your life?
 - » *PS – If you have not yet experienced this and you want to, simply invite the Holy Spirit to open your heart and mind to receive it. Check out the resources listed in this and the next video's Let's Go Deeper sections to help you learn more about it. The study notes for Let's Discuss...Prayer PART 5_Praying in the Spirit also explain more about this gift.*
- How often do you think we view moments in our everyday lives as mundane when they are actually filled with the Holy Spirit? This might be moments such as a prompting to hug your loved one or the desire to reread a verse from an earlier devotional. What other examples have you experienced today?

Let's Pray...

But when the Father sends the Advocate as my representative—that is, the Holy Spirit—He will teach you everything and will remind you of everything I have told you.
John 14:26 NLT

Experiencing the Holy Spirit is a great example of how we each can enter into the mystery of the Trinity. The Holy Spirit is sent by the Father to teach us and remind us of what Jesus said.

- Pray a simple but powerful prayer, that we would become more aware of our experiences of the Holy Spirit in our everyday lives. Give Him permission to permeate every aspect of who you are and what you do.

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*If I have the gift of prophecy
and can fathom all mysteries
and all knowledge, and if I
have a faith that can move
mountains, but do not have
love, I am nothing.*

1 Corinthians 13:2 NIV

Let's Go Deeper...

- **Let's Discuss...Prayer PART 5_Praying in the Spirit** by The Discipleship Project [video & study notes]
- **The Empowering Presence: Week Eight: Tongues** by John Mark Comer at Garden Church [video]
- **Holy Spirit, A Person to Know** by Bridgetown Church [video]
- **When & How do we Receive the Holy Spirit?** by gotquestions.org [video]
- **Nicky Gumbel on encounters with the Holy Spirit** by Philosophy for Life [article]